



LAUNCH DAY (part 7)

Luke 6:1-11

SERMON QUESTIONS:

1. Pray
2. Read Luke 6:1-11
3. What do you know about the Sabbath? What has been your life experience with its practice?
4. Jesus describes Himself as the “Lord of the Sabbath.” In other words, He is the One who created it and gave it to His people. It was intended to be a gift and not a burden. In the New Covenant in which we now live, there are a variety of changes to “sabbath practices” from that which was done in the Old Covenant. Based on what we talked about this morning, did any of these changes help clarify things for you? Any questions you still have?
5. Though not commanded in the New Testament, the practice of rest is still a healthy rhythm for life. What does “rest” look like for you in your life today? Are you creating margin to rest your body and refocus your soul on your Savior?
6. Jesus practice as the Lord of the Sabbath included compassion for people. This is a great reminder that true religion in the eyes of our God both loves God with all our heart, soul, mind, and strength, but also loves our neighbor as ourself. If we are to follow the Lord of the Sabbath we will also live a life of compassion for others. What does that look like for you in your life today?
7. What stands out to you most from this message? Any particular takeaway?