



SERMON ON THE MOUNT - PART 7

Matthew 6:5-8, 16-18

SERMON QUESTIONS:

1. Pray
2. Read Matthew 6:5-8, 16-18
3. How would you rate the quality of YOUR prayer life? Why?
4. Prayer is talking with God, but at times, people can get focused on other people instead of on God Himself as they pray. Have you ever struggled with this?
5. Jesus reminds us to remember who we are talking to in prayer - our Heavenly Father. The important thing in prayer is not the number of words we say or how long we pray, but that we are mentally engaged while we are praying. When you pray are you typically engaged mentally, or just saying prayers in your head that you have heard before without really thinking about them?
6. Have you ever fasted? If so, for what purpose?
7. Jesus again reminds us to keep our fasting as an act between God and us, without us seeking the applause of others. Are there spiritual disciplines (bible study, prayer, fasting, etc.) that you have done just to gain the approval of others? How does Jesus' teaching in Matthew 6 address your challenges?
8. What is one particular application you took away from this passage/message?